

SIGITA HUYS
Registration #4509 Acupuncture #13764
Updated January 2009

Range of Motion Rehabilitation Clinic Inc.
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EDUCATION

1977 Bachelor of Science in Physical Therapy
University of Toronto

CERTIFICATIONS

2000 Certification in Acupuncture (Acupuncture Foundation of Canada
Institute)

1999 ARCON Certification

1991 Certified Hand Therapist

AWARDS

1992 R.L. Petzoldt Award
In recognition of contributions made to the advancement of hand therapy

PROFESSIONAL ASSOCIATIONS

Canadian Physiotherapy Association
Ontario Physiotherapy Association
Acupuncture Foundation Canada Institute

WORK EXPERIENCE

March 2006- Present Physiotherapy Independent Medical Assessor

April 1993- present	Range of Motion Rehabilitation Clinic London, ON	
	POSITION: owner/practitioner	
July 1990- April 1993	Victoria Hospital Corporation London, ON	
	POSITION: Senior Physiotherapist	
December 1986- July 1990	Victoria Hospital Corporation London, ON	
	POSITION: Clinical Specialist/Staff Physiotherapist	
August 1983- December 1986	Victoria Hospital Corporation London, ON	
	POSITION: Clinical Specialist/Physiotherapy Supervisor	
December 1979- July 1983	Victoria Hospital Corporation London, ON	
	POSITION: Staff Physiotherapist	
October 1977- November 1979	Salvation Army Grace Hospital Windsor, ON	
	POSITION: Staff Physiotherapist	

POST-GRADUATE EDUCATION

November 2008	Current Research and Application of Laser Therapy	London Ontario
December 2007	Preventative Physiotherapy: Core Stability and Postural Muscular Imbalance Exercises	London Ontario
November 2007	Therapeutic Taping Techniques In-Service	London Ontario
September 2007	Changes in Motor Vehicle Legislation	London Ontario
October 2006	CARF Training	Toronto Ontario
January 2006	Creating and Implementing a Best	London

	Practice Guideline of Chronic Low Back Pain	Ontario
September 2005	Recent Changes in Motor Vehicle Legislation and Effects on Patient Care	London Ontario
September 2005	Changes to Motor Vehicle Legislation	London Ontario
September 2005	Interferential Current: Uses and Theory	London Ontario
August 2005	Articular Dysfunctions for the Lumbar Spine	Toronto Ontario
July 2005	Motor Control Deficit for Lumbar Spine	Toronto Ontario
October 2004	Complex Regional Pain Syndrome: Advances and Treatment	London Ontario
January 2004	Acute Knee Injuries and Rehabilitation	London Ontario
January 2004	Conflict Resolution	Toronto Ontario
November 2003	WSIB Program of Care for Acute Low Back Injuries	London Ontario
November 2003	Effective Presentations	London Ontario
September 2003	Legalities of Report Writing	London Ontario
July 2003	Treatment of Neurotrauma	London Ontario
May 2003	Functional Assessment and Treatment	London

	Of the Upper Extremity	Ontario
May 2003	Pain Management in Motor Vehicle Injuries	London Ontario
March 2003	Pelvic Stability	London Ontario
March 2003	Shouldering the Load Shoulder Rehabilitation of the Overhead Worker and Athlete	London Ontario
February 2003	Automobile Insurance Update	London Ontario
January 2003	Acute Knee Injuries and Rehabilitation	London Ontario
November 2002	Novel Functional Rehabilitation Approaches	London Ontario
October 2002	Facet Joint Pain Clinical Diagnosis and Treatment Neck and Back Pain	London Ontario
March 2002	Ankle: Chronic and Acute Rehabilitation	London Ontario
November 2001	Current Political Issues Affecting the Physiotherapy Profession	Toronto Ontario
November 2001	Managing with the AISIs	Toronto Ontario
September 2001	AISI Rules & Regulations	London Ontario
March 2001	Legislation of Bill 59 Tips/Tricks	London Ontario

March 2001	Resolving Insurer/Insured Conflicts	London Ontario
February 2001	Writing a Treatment Plan	London Ontario
November 2000	Treatment for Wrist Injuries	London Ontario
November 2000	Diagnosis & Treatment of Lumbar Injuries and Pain	London Ontario
January 2000	The Elbow - A Surgical Perspective	London Ontario
November 1999	Cervical Spine Dysfunctions - Diagnosis and Treatment	London Ontario
June 1999	ARCON Certification Course Functional Ability Evaluations	Toronto Ontario
April 1999	Treatment of Golf Injuries	London Ontario
March 1999	Taping Techniques Principles and Applications	London Ontario
January 1999	MacKenzie Approach to Back Care	London Ontario
September 1998	Level I Core Curriculum on Acupuncture	Toronto Ontario
November 1998	Level II & Level III Core Curriculum on Acupuncture	Toronto Ontario
May 1998	Splinting the Arthritic Hand	London Ontario
March 1998	Pediatric Sports Injuries	London Ontario

March 1998	Management of Chronic Wrist Pain	London Ontario
February 1998	Tai-Chi Therapeutic Effects	London Ontario
January 1998	Skin Coverage for Hand Burns	London Ontario
November 1997	Taping Techniques for the Shoulder	London Ontario
November 1997	Management of CMC Joint Arthroplasties	London Ontario
November 1997	Instructional Seminar on Auto Insurance Fee Guideline	London Ontario
October 1997	Wrist Anatomy, Disorders, and Surgical Intervention	London Ontario
September 1997	Management of the Stiff Elbow	London Ontario
September 1997	Accreditation and Outcome Evaluation of Rehabilitation Service Providers	Toronto Ontario
September 1997	Legal Issues Re: Bill 59	London Ontario
May 1997	Acupuncture in Physiotherapy	London Ontario
March 1997	Physiotherapy in the Work Place	London Ontario
February 1997	Evaluating Treatment Plans and Rehabilitation Outcomes	Toronto Ontario
January 1997	Differential Diagnosis	London Ontario

October 1996	TENS Update	London Ontario
October 1996	Marketing for Physiotherapists	London Ontario
June 1996	Pain of Vertebral Origin	London Ontario
May 1996	Symposium on Whiplash Injuries	London Ontario
May 1996	Industrial Rehabilitation; Pre and Post Placement Screening Presented by: Roy Matheson	Toronto Ontario
April 1996	Motor Vehicle Collision Injuries	London Ontario
March 1996	Evidence Based Practice	London Ontario
March 1996	Functional Abilities Evaluation Presented by: Susan Isernhagen	London Ontario
February 1996	Office Workers' Job Injuries	Toronto Ontario
January 1996	Theory & Treatment of Laser	London Ontario
May 1995	Independent Studies; Cervical Flexion/Extension Whiplash Injuries	London Ontario
October 1994	Symposium on Motor Vehicle Collision Injuries	Toronto Ontario
September 1994	Annual General Meeting of American Society of Hand Therapist	Washington D.C.

October 1993	Annual General Meeting of American Society of Hand Therapists	Kansas City Kansas
March 1993	Marketing Strategies for Physiotherapists	Toronto Ontario
February 1993	Plastics Residents Day	London Ontario
November 1992	Annual General Meeting of American Society of Hand Therapists	Phoenix Arizona
September 1991	Annual General Meeting of American Society of Hand Therapists	Orlando Florida
September 1990	Annual General Meeting of American Society of Hand Therapists	Toronto Ontario
May 1989	Advances in Electrical Stimulation	Toronto Ontario
January 1989	Orfit-Splinting Course	Toronto Ontario
February 1988	Plastics Residents Day	London Ontario
September 1987	Plastic Surgery Refresher Day	London Ontario
September 1987	Annual General Meeting of American Society of Hand Therapists	San Antonio Texas
April 1986	Plastics Residents Day	London Ontario
March 1986	Workload Measurements System	London Ontario

February 1986	Annual General Meeting of American Society of Hand Therapists	New Orleans Louisiana
November 1985	Reflex Sympathetic Dystrophy- Pathology and Treatment	Toronto Ontario
July 1985	Management for Supervisors	Toronto Ontario
March 1985	Presentation of Experimental Studies in Plastic Surgery	London Ontario
March 1984	The Hand - Another Decade of Tendon Surgery	Philadelphia Pennsylvania
February 1984	Annual General Meeting of American Society of Hand Therapists	Atlanta Georgia
September 1983	Assertiveness Training for Managers	Toronto Ontario
March 1983	Annual General Meeting of American Society of Hand Therapists	Anaheim California
March 1982	7th Annual Rehabilitation of the Hand (Symposium and Workshop)	Philadelphia Pennsylvania
May 1981	Hand Injury Course	Toronto Ontario
April 1981	Sansplint XR Workshop	London Ontario
February 1981	Presentation of Experimental Studies in Plastic Surgery	London Ontario
August 1980	Functional Anatomy	Toronto Ontario
June 1980	Maitland's Treatment of Peripheral Joints	London Ontario
February 1978	A and B Course in Joint	London

Mobilizations

Ontario

PRESENTATIONS TO THE COMMUNITY

2003	Neck Pain
2002	Back Pain
2002	Whiplash
2002	Shoulder - Rotator Cuff Injuries
2002	Knee Pain
2001	Repetitive Strain Injuries
2001 2002	Carpal Tunnel Syndrome

MAJOR PRESENTATIONS

October 2008	Presented to WSIB London, Ontario TOPIC: Current Research and Trends in the Management of Repetitive Strain Injuries
December 2008	Presented to Family Physicians and Residents London, Ontario TOPIC: Conservative management of Hand Injuries
February 2008	Presented to Family Physicians and Residents London, Ontario TOPIC: Forms / Regulations for Motor Vehicle Collisions
September 2005	Presented to Family Physicians and Residents London, Ontario TOPIC: Rehabilitation of Motor Vehicle Collision Patients
May, 2005	Presented to Family Physicians and Residents

- London, Ontario
TOPIC: Conservative Management of Hand Injuries
- May 2004 Presented to Family Physicians and Residents
London, Ontario
TOPIC: Treatment and Rehabilitation of Motor Vehicle Patients
- March 2004 Presented to Family Physicians and Residents
London, Ontario
TOPIC: Changes in Motor Vehicle Collision Legislation
- January 2004 Presented to Family Physicians and Residents
London, Ontario
TOPIC: Conservative Management Hand Injuries
- April 1994 Presented at The University of Western Ontario
London, Ontario
TOPIC: Reflex Sympathetic Dystrophy
- April 1993 Presented at Current Clinical Concepts Course
Toronto, Ontario
TOPIC: Joint Mobilizations
- November 1992 Presented at Annual General Meeting of American Society of Hand
Therapists
Phoenix, Arizona
TOPIC: Open Reduction and Internal Fixation of Hand Fractures
- March 1991 Presented at Regional Certification Review Course
Dallas, Texas
TOPIC: Joint Mobilizations
Electrical Stimulation
Myofascial Pain
- February 1991 Presented at Northern Outreach Teleconference
TOPIC: Post-operative Management of Extensor Tendons
- January 1991 Presented at Regional Certification Review Course
Boston, Mass.
TOPIC: Joint Mobilizations

- Electrical Stimulation
Myofascial Pain
- September 1990 Presented at Annual General Meeting of American Society of Hand Therapists
Toronto, Ontario
TOPIC: Dupuytren's Disease
Therapist's Management of Camptodactyly
- May 1990 Presented at Regional Certification Review Course
St. Louis, Missouri
TOPIC: Joint Mobilizations
Electrical Stimulation
Myofascial Pain
- March 1990 Presented at Regional Certification Review Course
Los Angeles, California
TOPIC: Joint Mobilizations
Electrical Stimulation
Myofascial Pain
- March 1990 Presented at Northern Outreach Teleconference
TOPIC: Industrial Hand Injuries
- January 1990 Presented at Regional Certification Review Course
Atlanta, Georgia
TOPIC: Joint Mobilizations
Electrical Stimulation
Myofascial Pain
- November 1989 Presented at Regional Certification Review Course
Baltimore, Maryland
TOPIC: Joint Mobilizations
Electrical Stimulation
Myofascial Pain
- February 1989 Presented for Telemedicine Canada
TOPIC: Differential Diagnosis of the Hand
- November 1988 Presented at Physiotherapy Night
London, ON
TOPIC: Reflex Sympathetic Dystrophy

- September 1988 Presented for Telemedicine Canada
TOPIC: Reflex Sympathetic Dystrophy
- June 1988 Presented at Hand Interest Group
London, ON
TOPIC: Surgery and Post-operative Management of Dupuytren's Disease
- March 1988 Presented at Grand Rounds, Victoria Hospital
London, ON
TOPIC: Theory and Application of Ultrasound as Related to Hand
Therapy
- September 1987 Main Lecturer at Rehabilitation of the Hand Course
Thunder Bay, ON
TOPIC: Assessment of the Upper Extremity
Treatment of Dupuytren's Disease
Post-operative Management of Arthroplasties of the Hand
Treatment of Extensor Tendon Injuries
The Stiff Hand
Multiple System Injuries
Reflex Sympathetic Dystrophy
Organization and Presentation of Splinting Workshops
- May 1986 Presented at Advances in Treatment of Arthritis
UWO, London, ON
TOPIC: Post-operative Care of MP Arthroplasties
- January 1986 Presented at Advanced Hand Surgery and Rehabilitation
Toronto, ON
TOPIC: Post-Operative Care of Dupuytren's Disease
General Techniques of Splinting of the Hand
- May 1984 Presented at Symposium of Treatment of the Injured Hand (for plastic
surgeons)
London, ON
TOPIC: Post-operative Treatment of Flexor Tendon Injuries
Post-operative Treatment of Extensor Tendon Injuries
- April 1984 Presented to Physiotherapists and Occupational Therapists
Sarnia, ON

TOPIC: Post-operative Treatment of Flexor Tendon Injuries
Post-operative Care of MP Arthroplasties

November 1983 Co-organizer and Main Lecturer at two day course Treatment of the Injured Hand
London, ON
TOPIC: The Stiff Hand
Post-operative Management of MP and PIP Arthroplasties
Sensibility Testing
Hunter Staged Tendon Repair

February 1983 Presented at Physiotherapy Night
London, ON
TOPIC: Treatment of the Injured Hand

PUBLICATIONS

Comparison of the Effects of Early and Late Ultrasound Treatment on Tendon Healing in the Chicken Limb
Journal of Hand Surgery (British and European Volume, Dec 1995)
20B: 6: 809-814

CLINICAL STUDIES

Quality Management System for Soft Tissue Injuries
(Joint project with The Institute for Work and Health)