

**DR. JOSHUA P. MUHLSTOCK, B.Sc., B.Ed., M.D., FRCP(C)**  
**MEDICAL DIRECTOR, REHABILITATION**  
**JOSEPH BRANT MEMORIAL HOSPITAL**  
855 Harrington Court, Burlington, ON, L7N 3P3  
(Office) 905-681-7577

## **CURRICULUM VITAE**

(Updated 2009)

### **CLINICAL PRACTICE**

Dr. Joshua Muhlstock is a licensed physician licensed to practice medicine in the Province of Ontario by the College of Physicians and Surgeons of Ontario. He has received specialist certification by the Royal College of Physicians and Surgeons of Canada in Physical Medicine and Rehabilitation. He has a diverse referral-based outpatient practice that includes the evaluation and treatment of injuries that are work-related and those sustained in motor vehicle accidents. His practice also includes general neuromusculoskeletal conditions, chronic pain, sport medicine, and Botox for spasticity and myofascial pain syndromes. He is the Medical Director of Rehabilitation at Joseph Brant Memorial Hospital, where he is the Physiatry consultant for the in-patient Rehab unit and for the hospital. Conditions seen include fractures, arthroplasty, spinal cord injury, acquired brain injury, stroke, amputees, neuromuscular disorders, and chronic pain. He performs electrodiagnostic studies through the Medical Diagnostic Unit at Joseph Brant Memorial Hospital.

### **EDUCATION**

**FRCP(C)- PHYSICAL MEDICINE AND REHABILITATION, Fellowship Designation** received from the Royal College of Physicians and Surgeons of Canada, 2007; Training completed at McMaster University, Hamilton, ON, 2002-2007  
**DOCTOR OF MEDICINE**, McMaster University, 2002  
**BACHELOR OF EDUCATION**, University of Western Ontario, London, ON, 1998  
**HONOURS B.Sc. KINESIOLOGY**, University of Western Ontario, 1997

### **PROFESSIONAL MEMBERSHIPS**

CANADIAN ASSOCIATION OF PHYSICAL MEDICINE AND REHABILITATION  
ROYAL COLLEGE OF PHYSICIANS AND SURGEONS OF CANADA (FELLOW)  
COLLEGE OF PHYSICIANS AND SURGEONS OF ONTARIO  
ONTARIO MEDICAL ASSOCIATION  
CANADIAN MEDICAL PROTECTIVE ASSOCIATION  
CANADIAN ACADEMY OF SPORTS MEDICINE

## **PROFESSIONAL DEVELOPMENT/ MEDICAL EDUCATION**

CAPMR ANNUAL ASSEMBLY, MAY 2009  
AAPMR ANNUAL ASSEMBLY, 2007, 2008  
AMA GUIDES TRAINING COURSE (6<sup>TH</sup> EDITION), FEBRUARY, 2009  
ABIME CERTIFICATION EXAM, FEBRUARY, 2009  
CSME DAY CONFERENCES, 2008  
NEUROMUSCULAR DISORDERS DAY CONFERENCE, 2006, 2007  
PHYSICAL MED/REHAB REVIEW COURSE, ALBERTA, 2007  
PHYSICAL MED/REHAB REVIEW COURSE, NEW JERSEY, 2005  
CASM/OMA SPORT MEDICINE CONFERENCE, 2004-2008

## **TEACHING EXPERIENCE**

**MUSCULOSKELETAL CLINICAL SKILLS INSTRUCTOR**, McMaster University,  
Faculty of Health Sciences; Instruction of 2<sup>nd</sup> Year Medical Students, 2003-2007  
**NEUROLOGICAL CLINICAL SKILLS INSTRUCTOR**, McMaster University,  
Faculty of Health Sciences; Instruction of 2<sup>nd</sup> Year Medical Students, 2006-2007

## **SPORT MEDICINE**

**HAMILTON TIGER-CATS**, Canadian Football League, Pre-season physicals, 2003-  
Present  
**TORONTO ROCK LACROSSE**, International Lacrosse League, Pre-Season Physicals,  
2004-2007  
**MCMASTER SPORTS INJURY AND REHABILITATION CLINIC**, McMaster  
University, Extensive Involvement With Varsity Athletes, 2002-2007

## **AREAS OF CLINICAL INTEREST**

MUSCULOSKELETAL INJURIES  
CHRONIC PAIN  
ELECTROMYOGRAPHY AND NEUROLOGICAL REHABILITATION  
INTRA-ARTICULAR and SOFT TISSUE INJECTIONS  
BOTOX/MEDICAL TREATMENT FOR SPASTICITY AND PAIN SYNDROMES  
SPORT MEDICINE