

## Albert Cheng, MD, FRCPC

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### APPOINTMENTS

- 2005-present **Physiatrist, Providence Healthcare, Toronto, ON**  
♦ *Providing psychiatric consultation and follow-up care to a large active & slow-stream inpatient rehabilitation population, as well as to private outpatients referred from community family physicians and specialists.*
- 2005-present **Physiatrist, Toronto Rehabilitation Institute, Toronto, ON**  
♦ *Providing psychiatric consultation, follow-up and input to team of allied health professionals overseeing outpatients referred for rehabilitation of acquired & traumatic brain injuries, stroke and multiple sclerosis.*
- 2006-present **Independent Medical Examiner-AssessMed, Vista Disability & Health Impact, Toronto**  
♦ *Providing Independent Medical Examinations and Functional Capacity Evaluations at request of insurance companies overseeing Accident/Benefit claims following motor vehicle accidents.*
- 2006-present **Physiatrist, Extendicare-Rouge Valley, Lincoln Place and O'Neill Center, Toronto, ON**  
♦ *Providing spasticity management (including use of EMG-guided Botox injections) for residents of long-term care facilities with focal spasticity impacting on their function, quality of life and ease of nursing care.*
- 2007-present **Instructor, Division of Psychiatry, Department of Medicine, University of Toronto**

### EDUCATION

- May 2005 **Fellow, Royal College of Physicians of Canada in Physical Medicine & Rehabilitation (FRCPC)**
- 2004-2005 **Clinical Fellowship in Stroke Rehabilitation, University of Toronto**  
♦ *Served as Psychiatric consultant for 24-bed inpatient Stroke Rehab unit as well as associated outpatient clinic at Toronto Rehabilitation Institute – University Site*
- 1999-2004 **Residency in Physical Medicine & Rehabilitation,**  
University of Toronto, Toronto, ON
- 1995-1999 **Doctor of Medicine (MD)**  
Faculty of Medicine, University of Western Ontario, London, ON
- 1992-1995 **Bachelor of Science (B. Sc. (Life Science), Summa cum laude**  
Faculty of Natural Sciences, McMaster University, Hamilton, ON

## MAJOR AREAS OF INTEREST & SPECIALIZATION

### Physical Medicine:

- ◆ Assessment, diagnosis and treatment of various musculoskeletal conditions including inflammatory and arthritic conditions of the spine and joints, soft tissue pain syndromes and recovery following bony fractures. Upcoming role as physiatry consultant to newly-formed Mobility Clinic at Providence Healthcare, overseeing outpatients recovering from recent joint arthroplasties and limb amputations.
- ◆ Emphasis on a functional-based approach to treatment, with prudent use of pharmacologic intervention and referrals to allied health professionals when indicated. Evolved interest and expertise in medico-legal assessments of patients involved in motor vehicle accidents and workplace-related injuries.

### Rehabilitation:

- ◆ Assessment, diagnosis and treatment of numerous neurologic conditions including stroke, acquired & traumatic brain injury, Multiple Sclerosis, ALS, Guillian Barre Syndrome and spinal cord injury.
- ◆ Possess experience and aptitude in working with multi-disciplinary teams to optimize treatment outcomes in patients undergoing neurologic rehabilitation.
- ◆ Currently providing medical leadership for an outpatient stroke rehabilitation clinic at Providence HC.

### Electrodiagnosis:

- ◆ Trained in the use of Nerve Conduction Studies and Electromyography to compliment the clinical examination and diagnosis of patients with possible entrapment neuropathy, cervical or lumbosacral radiculopathy, polyneuropathy, myopathy, and other neuromuscular conditions.

### Spasticity Management:

- ◆ Skilled in the clinical assessment and management of focal spasticity, in the setting of upper motor neuron syndrome resulting from stroke, brain injury, MS or cerebral palsy.
- ◆ Particular expertise in the use of Botulinum Toxin to provide (EMG-guided) chemodenervation of affected limbs and provision of adjunctive therapy (such as physiotherapy and orthoses).

## RESEARCH

- 2007- **‘Efficacy of Botulinum Toxin A in the treatment of spastic gait following stroke’**  
◆ *Open-label, prospective case-control study assessing the gait quality of patients with lower extremity spasticity treated with either with Botox and outpatient P.T, versus P.T alone. Outcome measures will include gait cadence, weight shift (as measured through the Gait-Rite mat) and subjective report. Preliminary work underway to identify and enroll potential subjects.*
- 2004 **‘Vascular Malformations Causing Spinal Cord Injury: Clinical Course & Cancer Incidence’**  
◆ *Supervisor: Dr. C. Craven, Toronto Rehabilitation Institute – Lyndhurst, Toronto, ON*  
◆ *Data analysis using retrospective chart review & telephone interviews – presented as a Quality Assurance project at Annual Resident Research Day and at TRI-Lyndhurst Grand Rounds*
- 2002 **‘Control of Oral Secretions in Bulbar ALS Using Botulinum Toxin A – A Pilot Study’**  
◆ *Supervisor: Dr. A. Newall, Sunnybrook Health Sciences Centre, Toronto, ON*  
◆ *Prospective, Randomized, Double-Blind Control Trial to investigate the efficacy & safety of ultrasound-guided, intra-salivary gland injections of Botox (versus placebo) in reducing sialorrhoea in patients with Bulbar form of ALS. Manuscript completed though not submitted for publication.*

## RESEARCH (continued)

- 2002 **‘Control of Oral Secretions in Bulbar ALS Using Botulinum Toxin A – Safety Trial’**  
◆ *Open-label, non-blinded Safety Trial completed prior to RCT to obtain optimum Botox dose and establish safety with use in treatment of sialorrhea in terminally ill patients.*
- 2000 **‘Venous Thromboembolism in Rehabilitation: Evidence-Based Review’**  
◆ *Supervisor: Dr. B. Geerts, Sunnybrook Health Sciences Centre, Toronto, ON*  
◆ *Results from extensive literature review and critical appraisal presented at the 2000 Annual Resident Research Day*
- 1998-9 **‘Analysis & Management of Orofacial Muscle Trauma in the Injured Brass Musician’**  
◆ *Supervisor: Dr. H. Finestone, LHSC – University Campus, London, ON*  
◆ *Case reports / literature review: paper completed though not submitted for publication*
- 1997 **Summer Research Student** – Stroke Prevention Unit, Department of Neurology, Sunnybrook Health Sciences Centre, Toronto, ON  
◆ *Supervisor: Dr. J. Norris, SPU Director, Sunnybrook HSC*  
◆ *Investigated prognostic factors for patients who had sustained hemorrhagic strokes, using retrospective analysis of medical records*

## WORKSHOPS & CONFERENCES

- March 2009 **Mayo Clinic Review Course: Electromyography in Clinical Practice**, Amelia Island, FL
- Jan 2008 **3<sup>rd</sup> Canadian Botulinum Toxin Conference**, Four Seasons Hotel, Toronto, ON
- Oct 2007 **American Association of Neuromuscular & Electrodiagnostic Medicine (AANEM) Annual Meeting**, Phoenix, AZ
- Nov-Dec 2006 **Spasticity Training: ‘Allergan Academy of Excellence’**, Toronto, ON  
◆ *Under mentorship from Dr. S. Sharma, Physiatrist, successfully completed didactic and clinical teaching program overseeing clinical management of spasticity*
- Oct 2006 **4<sup>th</sup> Annual Neuromuscular Conference & EMG Workshops**, University of Western Ontario, London, ON
- Jan 2006 **2<sup>nd</sup> Canadian Botulinum Toxin Conference**, Four Seasons Hotel, Toronto, ON
- Sep 2005 **American Association of Neuromuscular & Electrodiagnostic Medicine (AANEM) Annual Meeting**, Monterey, CA
- 2003/2001/2000 **Annual Meeting of the Canadian Association of Physical Medicine & Rehabilitation**, 51<sup>st</sup> Meeting (Edmonton, AB), 49<sup>th</sup> Meeting (Halifax, NS) & 48<sup>th</sup> Meeting (Mont Tremblant, QC)

## COMMITTEES & ORGANIZATIONS

- 2007-present **Vice President, Medical Staff Association, Providence Healthcare**
- 2006-present **Member, CareFirst Seniors & Community Services Association**  
♦ *CareFirst is a non-profit, community-based social services agency providing a full range of support and services to seniors and physically disabled clients in the Greater Toronto Area.*  
♦ *Preliminary discussions underway to set up a semi-regular physiatric clinic providing physiatric consultations to Chinese seniors with variety of musculoskeletal and neurologic rehabilitation issues.*
- 2005-present **Member, Medical Advisory Committee, Providence Healthcare**
- 2003 **Resident Spokesperson, University of Toronto Psychiatry Residency Program Training Committee**
- 2002 **Associate, Canadian Working Group on HIV & Rehabilitation**  
♦ *Worked on increasing awareness of the numerous rehabilitation issues involved in the care of persons living with HIV & AIDS, and to facilitate co-ordinated responses amongst members of the multi-disciplinary teams and organizations working with this population*
- 1998-1999 **Member, 'Stroke Connection' Community Action Team, Heart & Stroke Foundation, London, ON**  
♦ *Collaborated with physicians, nurses & various community members to (i) improve the facilitation of rehabilitation and care for post-stroke patients, and to (ii) promote better awareness in the general population & medical health professionals of the resources available in the community.*
- 1997-1998 **Member, 'Career Choice Task Force', Curriculum Renewal Subject Development Group**  
♦ *Provided recommendations to be applied within the new University of Western Ontario medical curriculum, in order to aid medical students in making more informed decisions with regards to choosing a career path.*

## PROFESSIONAL AFFILIATIONS

- 2006- Member, American Association of Neuromuscular & Electrodiagnostic Medicine
- 2005- Fellow, Royal College of Physicians & Surgeons of Canada
- 2000- Member, Canadian Association of Physical Medicine & Rehabilitation
- 1999- Member, College of Physicians & Surgeons of Ontario & Canadian Medical Protective Agency
- 1996- Member, Ontario Medical Association, Canadian Medical Association
- 1992-2001 Instructor, Level 1 / II, Ontario Tennis Association

*References Available Upon Request*