

LISA TONG, H.BSc, MScOT, OT Reg. (Ont.)
Registered Occupational Therapist, COTO # G0506222
Updated January 2009

AREAS OF EXPERIENCE

General Experience

Prior to joining Assesmed, Lisa completed six years of post-secondary education, including an undergraduate degree in Biology and Psychology, and a Clinical Masters of Science in Occupational Therapy. Throughout her career and post-secondary education, she gained experience in assessment, intervention and case management experience in a variety of health care settings and with a multitude of client populations.

MVA Experience

Prior to joining Assesmed, Lisa worked at Herrold and Vernon Evalworks and completed In-Home Assessments of attendant care, housekeeping, caregiving, non-earner and income placement benefits. She was also involved in recommending and ordering assistive devices and providing education sessions to clients, when requested by the insurer. She has also worked with clients with traumatic brain injuries, resulting from motor vehicle accidents, at the Neurologic Rehabilitation Institute of Ontario. Clients lived in the community and in a supported living residential setting. She was responsible for assessment, treatment, and discharge planning. Her work involved ADL and IADL assessment and re-training, cognitive/perceptual assessment, home visits, community re-integration, remediation of cognitive deficits and teaching of compensatory strategies.

Pediatric Experience

Lisa gained experience working with children, varying in age from newborn to 18 years old while employed with Community Rehab and during her various pediatric student internships. Her work involved developmental assessments, treatment of fine/gross motor skills, home and school safety assessments, equipment prescription, and linking families to community supports.

Psychological Disability Experience

Lisa interned at the Centre for Addiction and Mental Health's outpatient Mood and Anxiety Clinic, where she saw clients with mood and anxiety disorders. She worked with clients to do vocational assessment and treatment planning and symptom management. Lisa also interned in the Psychological Trauma program, with clients who experienced a psychological trauma due to a work related accident. Her work involved exposure and cognitive behavioural therapy, and coping skills. Some diagnoses with which Lisa has worked include depression, anxiety, bi-polar, substance abuse, phobias and post traumatic stress disorder.

Musculoskeletal Experience

Lisa has gained experience with musculoskeletal conditions. During her employment and student experiences she has assessed functional mobility, range of motion, strength, coordination, endurance, and ADLs. Intervention strategies included education on proper body mechanics, energy conservation, assistive devices, and pain management.

EMPLOYMENT

- § Assessmed, April 2008 - present
- § Herrold and Vernon Evalworks, August 2006 – June 2008
- § Community Rehab, October 2005 – Present
- § Neurologic Rehabilitation Institute of Ontario, March 2006 – May 2006
- § Bloorview MacMillan Children's Centre, Neuromuscular and Neurodevelopmental programs (Student placement)
- § Centre for Addiction and Mental Health – Mood and Anxiety and Psychological Trauma programs (Student placement)
- § Mbingo Baptist Hospital, Cameroon – In-patient Rehab, Neuro, Burns (Student placement)
- § Credit Valley Hospital – Special Care Nursery, Out Patient Pediatrics, In-patient Rehab programs (Student placement)

EDUCATION

- § University of Toronto (2003 – 2005) – Masters of Clinical Science in Occupational Therapy
- § University of Toronto (1998 – 2003) – Honours Bachelor of Science in Biology and Psychology

PROFESSIONAL MEMBERSHIPS

- § COTO (College of Occupational Therapists of Ontario)
- § OSOT (Ontario Society for Occupational Therapists)