

# Melanie Robbins

## Education

**Masters of Science** 2005/09-2007/08

**Occupational Therapy**

McMaster University, Hamilton

- Program emphasizes client-centered and evidence-based practice, along with self-directed learning. - Obtained foundational understanding of the interrelation between person, environmental, and occupation and its impact on function.
- Roughly 1,000 clinical hours completed by August, 2007.
- Member of CAOT.
- Research experience included: *co-created a symptom severity tool for complex regional pain syndrome that is both clinician and client specific.*

**Bachelor of Arts** 2002/09-2005/06

**Honours in Community Health Sciences**

Brock University, St. Catharines

- Graduated with First Class Standings.
- Courses broadened my understanding of disease/illness in preparation for a career in health care.

**Bachelor of Arts** 1999/09-2002/06

**Combined Child and Youth Studies and Psychology**

Brock University, St. Catharines

- Graduated with Distinction.
- Dean's Honours List in 2000 and 2001.
- Courses reflect diversity with emphasis on health and disease.

## Clinical Experience

**Outpatient Orthopedics-Hands-4-week placement (Level I Student)** 2005/11-2005/12

Hotel Dieu Shaver Health & Rehabilitation Center, St. Catharines

- Observed, participated, and completed assessments and various interventions for patients requiring hand therapy services such as splinting, wax, retrograde massage, traction etc.
- Exposed to SOAP documentation.
- Gained an appreciation for the complexity of the hand and its impact on function.
- Self-directed understanding hand anatomy.

**Inpatient Rehab & Outpatient Hands-5-week placement (Level II Student)** 2006/03-2006/04

St. Joseph's Health Centre, Guelph

- Administered initial assessments and carried out treatment plans for inpatient patients.
- Exposed to morning care routines and introduced to the FIM. Independently completed the FIM for 3 inpatient clients.
- Independently managed preceptor's caseload on several occasions.
- Introduced to ultrasound for hand patients with therapist guidance.

**Cardiovascular Units-5-week placement (Level II Student)** 2006/06-2006/07

Hamilton General Hospital, Hamilton

- Worked with two preceptors over 4 cardiovascular wards (surgery, CCU-acute and inpatient, and vascular)
- Participated in weekly rounds; independently executed initial, functional, and standardized assessments as well as discharge planning.
- Managed preceptors' caseload for one week independently.
- Exposed to DAR documentation.

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**Community Therapist-6-week placement (Level III Student)****2006/11-2006/12**

PACE Homecare, Kitchener, Waterloo, and Cambridge

- Worked with two preceptors in General, ABI, and Palliative services. Primary roles included: *Assessment* (initial, follow-up, home safety, cognitive, and wheelchair); *Interventions* (clinical service plan, equipment and service recommendations such as physiotherapist); and *Interprofessional relations* (liaise with case manager and vendor).
- Independently executed a community re-integration treatment plan for shopping for a patient with ABI—first ABI client.
- *Co-created a falls screening protocol and multidisciplinary tool* to identify individuals at low, moderate, and high risk in order to better provide appropriate intervention and delivery of services.
- Commended by supervisors to be proficient in documentation writing, communicating with clients, and clinical reasoning.

**Community Therapist-8-week placement (Level IV Student)****2007/06-2007/08**

Functional Rehabilitation Inc., Dundas

- Observed, participated, and completed in-home assessments and re-assessments independently.
- Managed caseload independently during the last 2 weeks of placement including all report writing.
- Gained knowledge about the SABS.
- Created a resource manual for future employees.

**Employment Experience****Occupational Therapist**

AssessMed, Mississauga

**2008/09-Present****Occupational Therapist****2007/09-2008/09**

Functional Rehabilitation Inc., Dundas

- Primarily exposed to section 42 assessments (in-home assessments [review of treatment plans, assessment of attendant care needs, housekeeping/home maintenance, caregiving, and/or non-earner] and/or job site analyses).
- Completed Pre-Claim Assessments (Discharge Planning section 32.1).
- Completed paper file reviews as requested.
- Review of medication documentation.
- Developed a comprehensive understanding of various claim forms.
- Maintain inter-professional communication with colleagues, insurance adjusters/legal representative, clients/medical practitioners, and/or vendors as appropriate or indicated.
- Primary client population includes: uncomplicated and complicated soft tissue injury, musculoskeletal injuries, mild to moderate brain injury, and spinal cord injury.
  - Commended by both director and rehabilitation supervisors for having proficient report writing, communication, and assessment/analytical skills (including appropriate recommendations).

**Pharmacy Technician****2005/10-2007/05**

Walmart, Ancaster

- Continuation of pharmaceutical employment and responsibilities. Experienced with Connexus software.

**Pharmacy Technician****2000/06-2005/07**

Walmart, Owen Sound

- Responsibilities include dispense and 7-point check of medication, inventory control, customer relations, and team-motivation. Experience with PDF software.

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**Restaurant Cook, Shift Manager, Waitress** **1996/01-2005/08**  
Pizza Hut, Owen Sound  
- Promoted from cook to shift manager at age 16. Maintained responsibilities as part-time employee throughout academic career.  
- Commended by owners for having proficient communication skill

## **Volunteer Experience**

**Big Bike for Heart and Stroke Foundation, Owen Sound** **2001/07-2001/07**

**Meals on Wheels, St. Catharines** **2001/01-2002/04**  
- Delivered meals twice weekly.

**Brain Injury-Re-Entry Program: Community Home, St.Catharines** **2001/01-2001/04**  
- Assisted men with TBI in their early morning routines.

**FACS Daycare Centre, St. Catharines** **2000/10-2001/03**  
- Assisted in a day-care program at Central Nurseries from 8:30 to 12:00 noon; approximately 60 hours.

**Big Brothers and Sisters, Owen Sound** **1996/01-1998/06**  
- Involved in fund-raising and from Jan/97 to Jun/98; co-chaired the promotional and activity committees for the annual 8 Hour Relay in June.

## **Professional Development**

- Mild to Moderate Traumatic Brain Injury: The Impact Across The Lifespan (May 29, 2008)
- Workshop in Static Splinting
- Palliative Care Workshop
- Burns Workshop
- Seating and Positioning Workshop