

**SHERI ASHTON**  
**M.Sc.OT., H.B.Sc. (Kin), OT Reg. (Ont.)**  
**S. Ashton Occupational Therapy Professional Corporation**

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**PROFESSIONAL EXPERIENCE**

**New Realm Vocational and Management Services (NRVMS)**

**Professional Medical Assessment Centres (PMAC)**

**Canadian Rehabilitation Institute (CRI)**

**December, 2007 - present**

**InTouch Assessment Centres Ltd.**

**AssessMed Inc.**

*Consulting Occupational Therapist*

- Independent Medical Evaluations and In-home Occupational Therapy Assessments for a diverse patient load to determine the client's need for assistance within the home and community.
- Completion of the Assessment of Attendant Care Needs (Form 1) for patients with multiple orthopaedic, neurological and musculoskeletal injuries involving assessment of routine care, complex care and hygiene functions.
- Completion of Worksite Assessments (JSAs) and Ergonomic Evaluations.
- Performing Treatment Plan Reviews.
- Completion of File Reviews and Coordinating Return to Work Programs.
- Recommendation of equipment/ devices to facilitate a safe and prompt return to daily activities and eliminate the effect of a disability and/or impairment.
- Implementing treatment recommendations, which may include: home modifications, purchase and coordination of assistive devices, providing education on safe use of assistive devices, educating client's on compensatory strategies, pacing techniques, education to family members.

**Total Rehabilitation Management Inc.**

**August, 2005 - 2009**

*Consulting Occupational Therapist*

- Assessment and treatment of WSIB workers who are from the Serious Injury Unit (100% Permanently Disabled Clients) for several devices which may include Lifts, Scooters, Wheelchairs, Ramps, Bathroom Safety and modifications, Home Safety, Van Modifications, Home Modifications, Personal Care Allowances.
- In-home Occupational Therapy Assessments for a diverse patient load in order to determine the client's need for assistance within the home and community.
- Coordinating hospital discharge plans and performing Pre-Claim Evaluations for clients to ensure a smooth transition to the community.
- Completion of Personal Care Allowance Assessments for Seriously Injured Workers (100 % permanently disabled) for WSIB workers. The Assessments for these catastrophic workers are extensive and comprise all areas covered in the Assessment of Attendant Care (Form 1).
- Completion of the Assessment of Attendant Care Needs (Form 1) for files including multiple orthopaedic injuries for adult cases involving assessment of routine care, complex care and hygiene functions.
- Coordinating patient services between private insurance companies and Community Care

Access Centre Case Managers.

- Following through with treatment recommendations, which may include: home modifications, purchase of assistive devices, providing education and compensatory strategies, pacing techniques, education to family members.
- Completion of Worksite Assessments (JSAs) and Ergonomic Evaluations.
- Completion of File Reviews and Coordinating Return to Work Programs.

## **CLINICAL PLACEMENT AND WORK EXPERIENCE**

### **Workplace Safety and Insurance Board (WSIB)**

**2005-Summer**

- Reviewed files of catastrophically injured workers (100% permanent disability) and completed a needs assessment.
- Conducted Home Safety, Accessibility, and Mobility Assessments.
- Completed Personal Care Allowance Assessments for Seriously Injured Workers (100% permanently disabled worker). The Assessments for these catastrophic workers are extensive and cover all areas covered in the Assessment of Attendant Care (Form 1).
- Coordinated treatment and assistive devices for the workers including ramps, wheelchairs, mobility devices, safety equipment for the home, and attendant care.

### **Mount Sinai Hospital (Acute, GI, Surgery, Emergency)**

**2005-Spring**

- Assessed and treated patients with general medical conditions (COPD, CHF, Cancer and Dementia), acute CVA's, GI disorders and patients recovering from surgery
- Carried out a wide variety of assessments including the SMAF, CCT, OSOT, MMSE, and the Orpington Prognostic Scale
- Performed ADL assessments & organized necessary supports and equipment upon discharge
- Participated in family conferences and kardex rounds
- Attended and participated in a transfer training session

### **Toronto Rehabilitation Institute (TRI), Hillcrest Centre (Outpatient/Inpatient Orthopedic Rehabilitation)**

**2004-Winter**

- Assessed and treated patients with total hip replacements and various other orthopedic conditions
- Carried out sensori-motor initial assessments, the CCT, the MMSE, and ADL assessments
- Conducted post-surgery hip education classes, fabricated hand & arm splints, and developed MSK rehabilitation programs
- Learned proper transfer techniques as well as wheelchair modifications and repairs
- Organized necessary supports and equipment upon discharge

### **Centre for Addiction and Mental Health (CAMH), Queen Street Site & Lakeshore Outpatient Clinic**

**2004-Spring**

- Assessed clients with various mental health issues (depression, schizophrenia, schizoaffective disorder, and schizophreniform)
- Administrative role = client relations coordinator
- Carried out the MMSE, the CCT, and the Canadian Work

- Preference Inventory (CWPI) on clients with schizophrenia
- Helped clients problem solve issues surrounding their diagnoses and provided coping strategies for optimal functioning
- Assisted with community reintegration, job finding, and recommended various community services and supports
- Accompanied clients to the Ontario Disability office and assisted them in completing the ODSP forms

**Hamilton Physiotherapy & Chiropractic Centre  
Brampton Chiropractic and Wellness Centre**

**2002 – 2003**

- Carried out initial interviews and physical assessments (with supervision) on MSK clients presenting with type II WAD
- Developed and implemented treatment programs for MVA clients
- ARCON ® System trained and certified-conducted functional capacity evaluations and Made recommendations in formal reports for various auto insurance companies
- Liaised with the Chiropractor for appropriate client service needs (including equipment needs, referrals for massage therapy, home supports, etc)

**EDUCATION**

**University of Toronto,**  
*Masters of Science Degree, Occupational Therapy*

**2003 – 2005**

**McMaster University,**  
*Honours Bachelor's Degree, Kinesiology*

**1999 – 2002**

**University of Western Ontario,**  
*Psychology and Kinesiology*

**1997 – 1999**

**PROFESSIONAL AFFILIATIONS**

- College of Occupational Therapists of Ontario (COTO), Reg. # G0500066
- Ontario Society of Occupational Therapy (OSOT), ID # 14375
- S. Ashton Occupational Therapy Professional Corporation, Corp. # 2121807

**CREDENTIALS**

*Sheri Ashton holds a Masters of Science Degree in Occupational Therapy from the University of Toronto and holds a Bachelor of Science Degree with Honors in Kinesiology from McMaster University. Ms. Ashton is in good standing with the College of Occupational Therapists of Ontario (COTO). She has experience completing In-Home Occupational Therapy Assessments, Job Site Analyses, Ergonomic Evaluations, Hospital Discharge Coordination, File Reviews, and Return to Work Programs for the automobile insurance population. Ms. Ashton is a Certified ARCON Evaluator (ARCON/VerNova) with experience in performing Functional Capacity Evaluations.*