

DENISE GARSIDE Reg.N

PROFESSIONAL EXPERIENCE

Registered Nurse.

March 2008-Present

AssessMed, Mississauga, On

- Conduct intake interviews including chaperoning of medical interview/exam as required.
- Demonstrate and document functional testing.
- Generate and proofread reports.
- Interaction with evaluatees.

Registered Nurse

2003-Present

Quality Underwriting Services, Burlington, On.

- Working as an independent contractor running wellness clinics, focusing on assessment, education and prevention.
- Working as an independent contractor meeting with clients to complete medical questionnaires/assessments including drawing blood and completing ECG's.

Office and Property Manager

2001-2003

Karyl Pope & Associates, Burlington ON

Management of the business for a successful psychological counselling practice.

- Client intake and assessment.
- Liase with clients and staff.

Senior Rehabilitation Consultant/Case Manager

1993 – 2001

Nancy Haston & Associates Inc., Toronto ON

Responsible for co-coordinating the medical and vocational rehabilitation of disabled and catastrophically injured clients including those with acquired brain, spinal cord, orthopaedic, and soft tissue injuries and/or psychological and psychiatric impairments. Working with MVA, LTD and CPP clients.

- Assessment of client's medical/vocational status through client interview, liaison with physicians, other treating professionals and employers.
- Catastrophic case management/discharge planning, community re-entry or placement.
- Assessment of attendant care needs.
- Identification of appropriate community resources to facilitate client rehabilitation and vocational/avocational re-integration.
- Client counselling and education to achieve maximum medical recovery.

- Timely verbal and written communication related to rehabilitation status and for medical/legal purposes.
- Preparation of future care costs reports detailing long-term care needs including treatment, equipment and environmental maintenance costs.
- Rehabilitation and vocational file reviews for medical/legal purposes and for the composition of related reports.

Community Health Nurse/Visiting Nurse

1985-1993

St. Elizabeth Visiting Nurses Association, Hamilton ON

Worked as an independent practitioner liaising directly with physicians and other professional disciplines to provide care to clients and their families in the community. Emphasis on assessment and teaching to promote clients' optimal level of independence. Extensive experience with geriatric, paraplegic, quadriplegic and brain injured individuals.

- Assessment, planning, implementation and evaluation of treatment plans for clients with medical and psychosocial needs.
- Supervisory responsibilities on an on-call basis.
- Preparation and presentation of teaching packages.
- Development and teaching of a programme for Health Care Aides.
- Committee work: Reviewing and updating procedure manuals.

Staff Nurse/Acting Head Nurse

1983-1985

St. Peter's Hospital, Hamilton, ON

Team leader and member of a multidisciplinary team caring for a geriatric population with diverse needs.

- Preparation and implementation of client care plans.
- Preparation and presentation of client conferences.
- Staff education and teaching.
- Committee work: Development of procedure manuals.

Nurse (Student Placement), New Start Nursing Program

1981-1983

Mohawk College, Hamilton ON

Placement at regional hospitals. Obtained RN status (Ontario) in 1983.

State Registered Nurse

1965-1976

England.

Staff nurse and supervisory positions specializing in Geriatric care.

EDUCATION/PROFESSIONAL DEVELOPMENT

Various in-service training, conferences and workshops.

- Client assessment and education
- Venipuncture and ECG recording.
- Physical, emotional and behavioural rehabilitation, case management, assessment, work conditioning, neuropsychological assessment, pain management, post traumatic stress, functional abilities evaluation
- Legal and insurance conferences

Registered Nurse (Ontario), New Start Nursing Program **1981-1983**
Mohawk College, Hamilton ON

Effective Communication Certificate **1980**
Sheridan College, Oakville ON

State Registered Nurse **1965-1968**
St George's Hospital, London England

PROFESSIONAL AFFILIATIONS

- College of Nurses, Ontario
- Royal College of Nurses, England
- RNAO

Update May 2009